



## Saturday 23<sup>rd</sup> May 2009 from 1pm

### Start and finish at An Talla

(scottishathletics Permit Event. Promoted under UK Athletics rules)

10k Entry fee: £7 for non Scottish Athletics members (£5 SA members)

Power Push: £7

Under 16s Race and Family Fun Run fee: £2

Minimum age for 10km event is 16 yrs.

Under 16s race is approximately 4km and open to ages 16yrs and under

Family Fun Run is open to all ages though children under 9 yrs must be accompanied by parent/guardian. Distance is approximately 2km.

Places limited so make sure you get this form in early. Further details and start times are available at [www.isleoftiree.com](http://www.isleoftiree.com)

First name:

Surname:

Event entered: **10km run**    **10km walk**    **U16 Race**    **Family Fun Run**    **Power Push**  
(Please circle)

DOB:

Age on race Day:

Male/Female:

Club (if applicable):

Scottish Athletics No (if applicable):

Address:

Tel:

Email:

I declare that I am an amateur as defined under SA rules and all associated bodies and will abide by those rules. I will be 16 years of age or older on the day of the race (10km participants only). I hereby agree that the organisers or their associates shall not be liable for any loss, injury, accident or damage as a consequence of my participation in the event. I will not participate in the event unless I am medically and physically fit to complete the proposed distance.

Signed:

Date:

If under 16

Parent/guardian signature:

Race results will be posted in the evening at An Talla and on [www.isleoftiree.com](http://www.isleoftiree.com)

Please make cheques payable to "Tiree Fitness Solutions" and return with completed form to:

**William Wright**  
**Tir A Chladaich**  
**Sandaig**  
**Isle of Tiree**  
**PA77 6XQ**

**Tel: 07768 462 613**

**Email: [will\\_wrightpt@yahoo.co.uk](mailto:will_wrightpt@yahoo.co.uk)**